## **EAT SMART WITH**



## THE LUNCH BUNCH

	Week 1	Week 2	Week 3	Week 4
	W\C 29 Jan 2024	W\C 5 Feb 2024	W\C 12 Feb 2024	W\C 19 Feb 2024
MON	Golden Crumbed Fish Fingers OR Mighty Mac N Cheese with Garlic Bread Slice Baked Beans & Broccoli & Coleslaw	Beef Bolognaise with Garlic Bread <b>OR</b> Stuffed Bacon Roll\Bacon Slice Garden Peas & Savoy Cabbage	HOLIDAY	Golden Crumbed Fish Fingers OR Freshly Baked Ham & Cheese Panini Baked Beans & Garden Peas
	Mashed Potato Artic Roll with Peaches	Oven Baked Wedges, Spaghetti Chocolate Cake & Custard		Chips/Baked Potato Homemade Flakemeal Biscuit
TUES	Beef Meatballs with Italian Tomato & Basil Sauce OR Margherita Pizza	Golden Crumbed Fish Fingers OR Tex-Mex Enchilada	HOLIDAY	Beef Ragu Italia OR Homemade Margherita Pizza
	Garden Peas & Salad Potato Wedges, Pasta	Mini Corn on the Cob & Spaghetti Hoops Or Coleslaw Chips Pasta		Sweetcorn/Diced Carrots/Coleslaw Oven Roast Potato/Wedges/Rice/Salad
	Shortbread Custard & Fruit	Jelly & Mandarin Oranges		Mandarin Orange Sponge & Custard
WED	Lunch Bunch Chicken Curry & Naan Bread OR Golden Crumbed Fish Fingers	Lunch Bunch Chicken Curry & Naan Bread OR Steak Burger & Gravy	HOLIDAY	Chicken Curry & Naan Bread OR Baked Pork Sausages & Gravy
	Garden Peas, Rice, Salad Mashed Potato	Garden Peas & Sweetcorn Mashed Potato, Rice		Garden Peas/Baton Carrots Boiled Rice/Mashed Potato
	Rice Krispie Square & Fruit	Cornflake Biscuit & Custard		Artic Roll and Peaches
THURS	Roast Chicken, Stuffing & Rich Gravy OR Mexican Chilli with Nachos	Roast of the Day, Stuffing & Rich Gravy OR Stuffed Chicken	HOLIDAY	Roast of the Day, Stuffing & Gravy OR Quorn Dippers
	Baton Carrots & Tossed Salad Mashed Potato & Roast Potato	Cauliflower Cheese & Baton Carrots Mashed Potato		Fresh Vegetables in Season Mashed Potato/Oven Roast Potato
	Jam & Coconut Sponge & Custard	Ice Cream with Wafer & Fruit		Homemade Brownie & Orange Wedges
FRI	Tasty Pork Sausages with Tomato Ketchup or Gravy OR Chicken Panini & Coleslaw	Oven Baked Chicken Nuggets <b>OR</b> Admiral's Ocean Pie	HOLIDAY	Chicken Goujons & Sweet Chilli Dip OR Roast Mediterranean Vegetable Pasta Bake
	Sweetcom & Spaghetti Hoops Chips, Mashed Potato, Salad	Garden Peas & Baked Beans Chips, Jacket Potato		Spaghetti Hoops/Corn on the Cob Chips/Baby New Potatoes
	Melon Wedge	Homemade Ginger Biscuit & Fruit		Fruit Muffin & Apple/Orange Juice

## ALL MEALS TO BE BOOKED AND PAID IN ADVANCE ON SCHOOLMONEY Menu Choices Subject to deliveries

Fresh Fish May Contain Bones

Milk, Water, Bread and Fresh Fruit available daily If you require any additional information on allergens or special diets, please contact the office.