

# EAT SMART WITH THE LUNCH BUNCH



	<b>Week 1 W\C 28 Aug 2023</b>	<b>Week 2 W\C 4 Sept 2023</b>	<b>Week 3 W\C 11 Sept 2023</b>	<b>Week 4 W\C 18 Sept 2023</b>	<b>Week 5 W\C 25 Sept 2023</b>
<b>MON</b>	<b>Bank Holiday</b>	Golden Crumbed Fish Fingers <b>OR</b> Mighty Mac'n'Cheese with Garlic Bread Slice  Baked Beans & Broccoli & Coleslaw Mashed Potatoes  Artic Roll & Peaches	Beef Bolognese with Garlic Bread <b>OR</b> Stuffed Bacon Roll\Bacon Slice  Garden Peas & Savoy Cabbage Oven Baked Wedges, Spaghetti  Chocolate Cake & Custard	Spaghetti Bolognese <b>OR</b> Crispy Cod Fishcake with Tomato Ketchup  Baton Carrots & Baked Beans Mashed Potato, Salad  Homemade Ginger Biscuit & Custard	Chicken Nuggets <b>OR</b> Homemade Lasagne  Steamed Broccoli & Garden Peas Chips, Pasta  Ice Cream, Chocolate Sauce & Sliced Pears
<b>TUES</b>	<b>Kitchen Closed</b>	Beef Meatballs with Italian Tomato & Basil Sauce <b>OR</b> Margherita Pizza  Garden Peas & Salad Oven Baked Wedges, Pasta  Shortbread, Custard & Fruit	Golden Crumbed Fish Fingers <b>OR</b> Tex-Mex Enchilada  Mini Corn on the Cob & Spaghetti Hoops & Coleslaw Chips, Pasta  Jelly & Mandarin Oranges	Classic Margherita Pizza <b>OR</b> Italian Chicken & Tomato Pasta Bake & Garlic Bread  Garden Peas & Coleslaw Chips, Mashed Potato  Strawberry Jelly, Ice Cream & Fruit	Spaghetti Bolognese <b>OR</b> BBQ Chicken Pizza  Sweetcorn & Baked Beans Diced Potatoes, Mashed Potato, Salad  Fruit & Rice Pudding
<b>WED</b>	<b>Kitchen Closed</b>	Lunch Bunch Chicken Curry & Naan Bread <b>OR</b> Bacon Slice  Mini Corn on the Cob Steamed Rice, Chips  Strawberry Jelly & Fruit	Lunch Bunch Chicken Curry & Naan Bread <b>OR</b> Steak Burger & Gravy  Green Beans & Sweetcorn Mashed Potato, Rice  Cornflake Biscuit & Custard	Lunch Bunch Chicken Curry & Naan Bread <b>OR</b> Chicken Panini & Coleslaw  Steamed Broccoli & Sweetcorn Oven Baked Wedges, Rice  Banana Yoghurt Pot	Lunch Bunch Chicken Curry & Naan Bread <b>OR</b> Golden Crumbed Fish Fingers  Garden Peas Rice, Salad, Mashed Potato  Rice Krispie Square & Fruit
<b>THURS</b>	<b>Kitchen Closed</b>	Roast Chicken, Stuffing & Rich Gravy <b>OR</b> Mexican Chilli with Nachos  Baton Carrots & Tossed Salad Mashed Potato  Jam & Coconut Sponge & Custard	Roast of the Day, Stuffing & Rich Gravy <b>OR</b> Stuffed Chicken  Cauliflower Cheese & Baton Carrots Mashed Potato  Ice Cream Slider & Fruit	Roast Chicken, Stuffing & Rich Gravy <b>OR</b> Beef Olive  Baton Carrots & Savoy Cabbage Mashed Potato  Chocolate Sponge & Custard	Roast Turkey, Stuffing & Rich Gravy <b>OR</b> Salmon Fishcake  Cauliflower & Baton Carrots Mashed Potato  Fruit Muffin
<b>FRI</b>	Steak Burger & Tomato Ketchup <b>OR</b> Chicken Crumble  Sweetcorn & Salad Chips, Pasta  Flakemeal Biscuit & Fruit	Tasty Pork Sausages with Tomato Ketchup or Gravy <b>OR</b> Chicken Panini & Coleslaw  Sweetcorn & Spaghetti Hoops Chips, Mashed Potato, Salad  Melon wedge	Oven Baked Chicken Nuggets <b>OR</b> Admiral's Ocean Pie  Garden Peas & Baked Beans Chips, Jacket Potato, Salad  Homemade Ginger Biscuit & Fruit	Hotdog <b>OR</b> Chicken Wrap & Sweet Chilli Salsa  Garden Peas & Spaghetti Hoops Chips, Mashed Potato  Fresh Fruit & Yoghurt	Steak Burger & Tomato Ketchup <b>OR</b> Chicken Crumble  Sweetcorn & Salad Chips, Pasta  Flakemeal Biscuit & Fruit

**ALL MEALS TO BE BOOKED AND PAID IN ADVANCE ON SCHOOLMONEY**    **Menu Choices Subject to deliveries**    **Fresh Fish May Contain Bones**

**Milk, Water, Bread and Fresh Fruit available daily**    **If you require any additional information on allergens or special diets please contact the office.**