

School Lunch Menu



	Week 1 27/09/2021	Week 2 04/10/2021	Week 3 11/10/2021	Week 4 18/10/2021
MON	Spaghetti Bolognese & Homemade Garlic Bread Baton Carrots Medley of Fresh Vegetables Mashed Potato Egg Sponge with Jam Topping	Steak Burger Gravy Broccoli Florets Fresh Baton Carrots Mashed Potato Chocolate Brownie	Italian Pasta Bolognese Baked Beans Sweetcorn Broccoli Florets Mashed Potato Chocolate & Orange Sponge	Breast of Chicken Curry with Boiled Rice & Naan Curry Garden Peas Fresh Savoy Cabbage Gravy Mashed Potato Lemon Drizzle Cake
TUES	Breaded Fish Fingers Garden Peas *Salad Selection Mashed Potato Vanilla Ice Cream	Cheesy Bolognese Pasta with Crusty Bread Garden Peas Tossed Salad Homemade Shortbread Rounds	Homemade Salt & Chilli or Traditional Chicken Goujons with a Selection of Dipping Sauces Baton Carrots *Salad Selection Chips Mashed Potato Raspberry Ripple Ice Cream and Fresh Fruit Chunks	Oven Baked Sausages or Chicken Roll Baked Beans Sweetcorn Baton Carrots Mashed Potato Flakemeal Biscuit Fingers
WED	Homemade Breaded Chicken Goujons, Selection of Dipping Sauces Sweetcorn, *Salad Selection Mashed Potato Hot Pasta Twists Fresh Fruit Selection and Fresh Yoghurt	Fresh Breaded Fish Goujons with Lemon Slice Tartar Sauce, Baked Beans, Garden Peas Sweetcorn, *Salad Selection Mashed Potato Strawberry Jelly & Ice Cream with Fresh Fruit	Breaded Fish Fingers Garden Peas Mediterranean Roasted Vegetables Mashed Potato Baby Boiled Potatoes Fresh Fruit Selection and Fresh Yoghurt	Steak Burger Gravy Diced Turnip Fresh Baton Carrots Mashed Potato Chocolate Brownie
THURS	Roast Pork Herb Stuffing, Gravy Fresh Baton Carrots Broccoli Florets Mashed Potato Rice Krispie Square	Roast Breast of Chicken Herb Stuffing Gravy Cauliflower Cheese Fresh Diced Carrots/Parsnips Mashed Potato Sticky Flapjacks	Roast Turkey Herb Stuffing Cranberry Sauce Gravy Fresh Carrot or Parsnip Fresh Savoy Cabbage Mashed Potato Cornflake Square	Spaghetti Bolognese or Salmon Fish Cake Lemon Slice Tartar Sauce Broccoli & Cauliflower Florets Mashed Potato Selection of Fruit
FRI	Hot Dog Or Chicken Roll Baked Beans *Tossed Salad Peas Chips Mashed Potato Oat Biscuit & Fresh Fruit Chunks	Chicken Nuggets or Chicken Wrap Salsa Dip Sweetcorn *Salad Selection Chips Baked Potato Selection of Fruit and Yoghurt	Traditional Homemade Chicken Soup Steak burger in Bap Mashed Potato *Tossed Salad Selection of Breads Strawberry Mousse & Fresh Fruit Salad	Homemade Margherita Pizza *Salad Selection Sweetcorn Traditional Champ Chips Artic Roll & Fruit Chunks

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

**2 Items from
Cook's Salad
Selection
Rice Salad,
Coleslaw
Sweet Chilli
Pasta
Tossed Salad
Lettuce,
Cherry Tomato
Carrot Sticks
Cucumber
Sticks
Diced Peppers
Red Onion
Radish*

*If You
Require Any
Additional
Information
on Allergens
or Special
Diets Please
Contact the
School to
complete a
Special Diets
Application
Form*

***IF PAYING BY CHEQUE PLEASE MAKE THE CHEQUE PAYABLE TO 'EDUCATION AUTHORITY SOUTHERN REGION' Menu Choices Subject to deliveries**

Fresh Fish May Contain Bones

Rice, Pasta, Potatoes and Gravy can be served Daily