



SOUTHERN EDUCATION AND LIBRARY BOARD



WOODS PRIMARY SCHOOL MEALS KITCHEN

	Week commencing 6/1/20	Week commencing 13/1/20	Week commencing 20/1/20	Week commencing 27/1/20
MON	S.D.D. School Closed to pupils	Spaghetti bolognaise & homemade garlic bread / crusty Fish fingers peas mashed potato Gravy Chocolate cracknel & custard	Chicken curry & rice naan bread/ Spaghetti bolognaise /homemade garlic bread / crusty bread Mashed potato / gravy Chocolate cracknel & custard	Lasagna / homemade garlic bread /crusty bread/ salad / homemade coleslaw /breaded fish/ Peas & sweetcorn /gravy/ Mashed potato / Jam & coconut sponge & custard
TUES	Sausages/fish fingers/ beans /peas Mashed potato / gravy Shortbread /ice cream	Chicken curry boiled rice & naan bread /salad / homemade coleslaw /mashed potato / gravy Pizza /crusty /homemade garlic bread Ice cream & jelly	Chicken goujons /tuna wrap/ shredded lettuce & grated cheese/ Chips/mashed potato Peas / mixed salad / homemade coleslaw Swiss roll & custard	Steak burger in bap / chicken roll/ Hot dog/ salad /homemade coleslaw / sweetcorn Chips /mashed potato/ Pasta /gravy Ice-cream tub & jelly
WED	Roast chicken & stuffing/ Stuffed bacon rolls/ Mashed potato/ Oven dry roast potatoes/ Carrots /broccoli/ Cauliflower cheese Swiss roll & custard	Chicken goujons /salmon fishcake Carrots & peas /baby boiled potatoes /mashed potato /pasta Gravy Meringue fruit & custard	Roast chicken & stuffing/ Stuffed bacon rolls/ Mashed potato /oven baked roast potatoes Carrots /peas Gravy Ice cream tub & chocolate sauce	Roast pork / gammon/ Broccoli /carrots/cauliflower cheese /gravy Mashed potato /oven baked roast potatoes Rice krispie & custard
THURS	Breaded fish /salad homemade coleslaw/ crusty bread/ Chicken curry & rice Naan bread/ mixed veg Mashed potato /gravy Chocolate cracknel & custard	Roast turkey & stuffing Mashed potato /oven baked roast potatoes Carrots /broccoli / gravy Shortbread & pink custard	Chicken & veg soup Hot dog / tuna wrap Homemade wheaten / bread slices Bun / fruit	Chicken goujons/ chicken wrap/ Baked beans/ salad/ Homemade coleslaw /mashed potato / pasta/ gravy/ Crusty bread Swiss roll &custard
FRI	Pizza /tuna or chicken wrap Shredded lettuce /grated cheese /salad/sweet chilli sauce /bbq sauce/ gravy Mashed potato /chips Ice cream & chocolate sauce	Hot dog /chilli chicken wrap/ Chips /mashed potato /gravy Sweetcorn /homemade coleslaw Sponge & custard	Breaded fish/ lemon slices/ Chicken & pasta bake/ Peas & sweetcorn /mixed salad Mashed potato / chips/ Homemade coleslaw Shortbread & custard	Cheese pizza / BBQ chicken Peas / mashed potato Chips /pasta / gravy /crusty bread Shortbread & custard

***MEALS AND SNACKS CHEQUES SHOULD BE MADE PAYABLE TO EDUCATION AUTHORITY SOUTHERN REGION**