

SOUTHERN EDUCATION AND LIBRARY BOARD

WOODS PRIMARY SCHOOL MEALS KITCHEN



	Week commencing 4/11/19	Week commencing 11/11/19	Week commencing: 18/11/19	Week commencing: 25/11/19
MON	Homemade vegetable soup Crusty bread Freshly made hotdogs Homemade chicken panini or Salmon wrap Chocolate sponge & custard	Homemade pizza or chicken panini / peas /carrots pasta / mashed potato Gravy Homemade wheaten Sponge & custard	Sausages / steak burger in bap Beans / sweetcorn Mashed potato /pasta Gravy Swiss roll & custard	Homemade pizza / chicken chow mein & noodles / sweetcorn/broccoli /pasta' Mashed potato /gravy/curry sauce /crusty bread Chocolate cracknel & custard
TUES	Homemade pizza or homemade chicken goujons Beans /sweetcorn Homemade wheaten Chips /mashed potato gravy Icecream & chocolate sauce	Freshly made bacon roll /bacon slices /homemade chicken fillet burger in bap / beans /mixed veg Chips / mashed potato /gravy Ice cream & jelly	Homemade bolognaise or homemade chicken goujons Broccoli /carrots Chips/mashed potato/gravy Homemade garlic bread Jam & coconut sponge & custard	Homemade chicken goujons or homemade meatballs/ carrots /peas / mashed potato /gravy /pasta sauce /homemade garlic bread Sponge & custard
WED	Pasta bolognaise / bacon slices cabbage/baton carrots Gravy Mashed potato Jam & coconut sponge & custard	Steak burger in bap or homemade chicken pie Carrots/broccoli /pasta Mashed potato /gravy/ bread slices Shortbread & custard	Homemade pizza / chicken tacos Peas/carrots /mashed potato Pasta /gravy /bread slices Chocolate sponge & custard	Freshly made hot dog or chicken panini / beans / sweetcorn Chips /Mashed potato /pasta Gravy Ginger cake & custard
THURS	Roast Chicken or roast pork Carrots /broccoli Stuffing Roast /mashed potato Gravy Chocolate cracknel & custard	Roast Chicken Carrots/broccoli/stuffing Roast /mashed potatoes Gravy Homemade rice krispies square & custard	Roast Chicken or roast gammon Carrots /broccoli / stuffing Roast/ mashed potato Gravy Homemade brownies & custard	Roast Chicken or roast pork Broccoli /carrots / stuffing Roast/ mashed potato Gravy Homemade lemon drizzle cake & custard Frozen mousse
FRI	Homemade chicken curry or Oven baked fish fingers Carrots /peas Chips /rice / mashed potato Gravy /naan bread Ice cream & jelly	Homemade chicken curry or breaded fish Carrots /peas Chips /rice /mashed potato Naan bread/gravy Flakemeal biscuit & custard	Homemade chicken curry or Oven baked fish fingers Carrots /peas Chips /rice /mashed potato Gravy/ naan bread Sponge & custard	Homemade chicken curry or breaded fish Carrots /peas Chips /rice / mashed potato Gravy/ naan bread Jam & coconut sponge & custard

***Meals and Snacks Cheques should be made payable to Education Authority Southern Region**