



SOUTHERN EDUCATION AND LIBRARY BOARD
WOODS PRIMARY SCHOOL MEALS KITCHEN



	Week Commencing 31/8/17	Week Commencing 4/9/17	Week Commencing: 11/9/17	Week Commencing: 18/9/17	Week Commencing: 25/9/17
MON	HOL	Chicken Curry/ Fish Goujon Brown Boiled Rice/Naan Bread/ Mashed/Baby Boiled Potatoes Lemon Slice/Peas/Sweetcorn Gravy Swiss Roll & Custard/ Fresh Fruit /Yogurts	Roast Turkey & Stuffing Gravy/Carrots/Peas Oven Dry Roast Potatoes/ Mashed Potato/Bread Slices Chocolate Cracknel & Custard/ Fresh Fruit/Yogurts	Roast Pork/Gammon Gravy/Stuffing/Mixed Vegetables Mashed Potato/ Oven Dry Roast Potatoes Chocolate Sponge & Custard/ Fresh Fruit /Yogurts	Chicken Pie/Chicken Wrap Carrots/Broccoli/Salad/ Homemade Coleslaw Mashed Potato/Gravy Swiss Roll & Custard/ Fresh Fruit/Yogurts
TUES	HOL	Roast Beef/Chicken & Broccoli Bake Carrots/Peas/Gravy/ Stuffing Mashed Potato/ Oven Baked Roast Potato Chocolate Sponge & Custard/ Fresh Fruit/Yogurt	Homemade Breaded Goujons/ Tuna & Pasta Bake Mashed Potato/ Plain Scone Baked Beans/Salad/Coleslaw Sweet Chilli Sauce/ Gravy Ice Cream & Chocolate Sauce/ Fresh Fruit /Yogurts	Stuffed Sausage & Bacon/ Tuna Wrap Shredded Lettuce /Cheese/ Pasta Spirals/Sweetcorn/ Broccoli Mashed Potato/Gravy Shortbread & Pink Custard/ Fresh Fruit/Yogurts	Chicken & Veg Soup Hot Dog /Chicken Salad Roll Ice Cream & Wafer/Shortbread Fresh Fruit/Yogurts
WED	HOL	Stuffed Sausage & Bacon/ Bacon Slices Baked Beans/Mixed Vegetables Mashed Potato/Gravy Sponge & Custard /Semolina/ Fresh Fruit /Yogurts	Chicken Curry Cottage Pie/ Savoury Mince Sweetcorn/Carrots Brown Boiled Rice/Naan Bread/ Mashed Potato/Gravy Swiss Roll & Custard/ Fresh Fruit/Yogurts	Breaded Fish/Fishfingers/ Chicken Wrap Lemon Slices/Peas /Carrots/ Salad/ Homemade Coleslaw Sweet/ Chilli Sauce Mashed/Baby Boiled Potatoes Sponge & Custard/Semolina/ Fresh Fruit /Yogurts	Chicken Crumble/Fishfingers Carrots/Baked Beans/ Salad/Homemade Coleslaw Crusty Bread/Mashed Potato/Gravy Flakemeal Biscuit & Custard/ Fresh Fruit/Yogurts
THURS	WELCOME BACK DAY	Spaghetti Bolognaise/ Chicken Stir Fry & Noodles Homemade Garlic Bread/ Crusty Bread Mashed Potato/Gravy/Soy Sauce Rice Krispie Square & Custard/ Fresh Fruit/Yogurts	Breaded Fish/ Beef Stew Lemon Slice/Carrots /Peas/Gravy Crusty Bread /Bread Slices Rice Krispie Square & Custard/ Fresh Fruit /Yogurts	Chicken Nuggets/Chicken Crumble Carrot Sticks/Homemade Coleslaw/ Salad/Gravy Chips/Mashed Potato Ice Cream Tub /Flakemeal Biscuit Fresh Fruit/Yogurt	Lasagne/Steakburger In Bap Salad/Homemade Coleslaw/ Fried Onions/Red Sauce/ Gravy/ Grated Cheese Oven Baked Herb Diced Potato/ Mashed Potato/Homemade Garlic Bread Bun/Milkshake/Fresh Fruit /Yogurts
FRI		Pizza/Tuna Wrap Salad/Homemade Coleslaw Peas/Gravy Oven Baked Herb Diced/ Mashed Potato Ice Cream & Jelly Fresh Fruit /Yogurts	Pizza/Chicken Wrap Salad/Homemade Coleslaw Chips/Mashed Potat/o Crusty Bread /Pasta Flakemeal Biscuit & Custard Fresh Fruit /Yogurts	Spaghetti Bolognaise/ Bolognaise Wrap Homemade Garlic Bread Shredded Lettuce & Grated Cheese Salad /Homemade Coleslaw/ Pasta Salad Chocolate Cracknel & Custard Fresh Fruit / Yogurts	Roast Chicken Carrots / Broccoli Mashed Potato /Oven Baked Roast Potato/Stuffing/Gravy Rice Krispie & Custard Fresh Fruit / Yogurts